

Report for 12 HT from Angola project.

Background

In July 2009 The 12 Healers Trust gave assistance to a Brazilian mission to help people in Angola learn more about Dr Bach and the flower essences. Our part in this was to give financial assistance to the organisers (Instituto Trinitas) who needed to purchase books, photographic cards and teaching materials for the course.

In a letter to the Beth Bruno Project in Brazil this report gives a personal sense for what happened:

The first course took 6 days with 45 new agents, who have some notion of the work , but they are beginners. The second meeting was for an older group that has experience, there were 20 in this group and the course lasted for 8 days. Heavens, I never talked so much in my life and I never spent so much time with a group. In the second group we worked with the flower remedies for 3 days. I do not know for sure but I have the impression that it was the first course of flower remedies here in this land.

We even did the circle dances. They were very impressed examining the flowers, and their wonderful observations were very powerful. Among the many things that moved them, is that they do not have the habit to observe flowers, had never thought that the plants were able to bring about very strong messages. They made great discoveries; we were very happy to be able to provide them this opportunity, so special.

To me something was marked as if it was a tattoo... my life, the message of the flowers through the flower remedies. It is very important to these people marked by suffering and war for many years. There is much violence among them, a violence that is mixed with an enormous sensitivity. Among the group were some young people, who brought profound insights to the group seeing the gesture of the flowers, which I had never heard before. The only thing I could do before what I was seeing and

hearing was to remain silent and contemplate. They promised to pass on to the others what they have learned.

[This last is the important idea of 'multipliers' - sharing with others personal discoveries.]







Report of Bach Flower Remedies works in Angola

Angola:

Angola is a country with 12,800,000 inhabitants. The capital city is Luanda and the language spoken is Portuguese. The country, rich in oil and diamonds, was devastated by a civil war that lasted 27 years and ended in 2002.

Most part of the population is poor and 80% of people have no access to doctors, hospitals or medications.

The project:

On July, 2009, a 3-people¹ team went to Angola with the purpose of training health agents and to strengthen the works within the natural area medicine, started in that country a few years ago.

Trainings on Popular Homeopathy, Bioenergetics, Phytotherapy and Bach Flower Remedies were given.

¹ Edna Fernandes do Amaral, Sister Marialva O. da Costa and Sister Rosa Antonia Pereira. These women are involved with popular movements and complementary medicine in northern Brazil.

The audience:

The agents who participated in the training work in public health care centers, or in Pastoral Health Care Association (linked to the Catholic Church, which does work focused on social health and welfare). Some of them are familiar with Phytotherapy and Homeopathy, but are little or no familiar at all with Bach Flower Remedies.

The participants of these courses came from the cities of GABELA, VIANA, HUAMBO, MENONGUE, CACUACO, LUBANGO and LUANDA.



Angola Map

The Bach Floral Remedies courses

Between July and September, 2009, the remedies were presented in a superficial manner, to 44 health agents, in order to level the knowledge of all participants.

By the end of these meetings, each agent took a treatment bottle with flower essences chosen by the groups.



Luanda Class – July/2009

From this course, the agents committed themselves to organize study groups and schedule expansion courses in their provinces.

On October, 2009, the expansion courses started being given in Luanda and shall expand to the country next year. Twenty five health agents have already been trained up to now and shall start the care soon.



Cacuaco Course – October/2009

The didactic materials used in this course were:

- A simplified version of the course ‘Learning to Use Bach Flower Remedies – Healingherbs’;
- The flower cards (postcards), used in the observations of plants movement (please refer to testimonies);
- The book Heal Thyself, by Dr. Edward Bach.

The courses are aimed at the observation of the plant and of oneself, in a process that brings self knowledge and self development.



Group discussions – Cacuaco course

The Twelve Healers Trust collaborated with the donation of 20 “Heal Thyself” books, by Edward Bach and 20 postcards sets.



Cacuaco course students, with course material

Testimonies:

"We learned to observe nature, pay attention to the smallest flowers that many times are unnoticed and which we don't value. It is in these plants that, many times, we can also find solutions for many physical and psychic diseases."

Paulina Lessa, Rosa Namona, Ir. Maurina

"With these studies we found out how distant we were from nature. From now on we will restart rescuing what we left because of our ignorance."

Jacinto Filipe Luiz, Domingos José Saculembe, Domingas Noé Mariano

"I, Domingas, am, right now, having my treatment with flower remedies and feel as if I were a different person."

Domingas Noé Mariano

Acknowledgement:

"I want to thank this affection you have for us, for our people who suffered with the war for so many years, and now the consequences are out there, making suffering continue. With flower remedies, this picture can be changed and bring peace, joy, serenity and Will of living for all those who make use of it. May God bless you for everything."

Sister Neusa Pilati, ssps