

BETH BRUNO PROJECT UPDATE

The Beth Bruno Project was created in 2010 with the purpose of disseminating integrative and supplementary practices to healthcare providers working in indigenous villages, quilombola people (Afro-Brazilian residents of quilombo settlements first established by escaped slaves in Brazil), riverside people and people who live in poor areas in the outskirts of cities.

It was first launched in Santarém, in the State of Pará, in the Brazilian Amazon, an area in Brazil that is known, among others, by poverty, lack of infrastructure, few healthcare professionals and poor access to medications.

At first, the healthcare agents were trained in four natural therapies: Bach flower essences, popular homeopathy, phytotherapy and biomagnetism.

The interest and enthusiasm of the participants aroused by the results made them desire to expand their knowledge, and, at their request, new natural therapies were included in the training courses: Reiki, meditation, auriculotherapy and family constellations are some of the therapeutic approaches that have become part of their services.

In 2017 a new project was established to develop the participants to work on agroecology and to stimulate healthier, more respectful and humane technologies for dealing with plants, water, earth and animals.

This way, small farmers learned techniques to produce natural fertilizers, to use homeopathy to prevent diseases and to use radiesthesia to map the land so as to better use the soil and the water.

Since 2010, the Beth Bruno Project has been disseminating its therapeutic approaches to other Brazilian states: healthcare agents from the States of Roraima, Maranhão, Amazonas and Piauí were trained and today they work to promote integral healthcare approaches in their communities.

Impacts:

Every year, about 6,000 consultations are carried out by the healthcare agents connected to the Beth Bruno Project.

Since its launching, through the Beth Bruno project:

- More than 1,000 healthcare providers were trained;
- Promoted more than 100 training courses and
- More than 30 communities were helped, including riverside people, indigenous people, quilombolas and people who live in the outskirts of large cities.

During the COVID-19 pandemics, the healthcare agents did not leave their jobs.

Even though they faced many obstacles imposed by social distancing, they kept working and found means to take care of their communities.

Around 3,000 people were serviced remotely. The medications were put into bags that were left at the door of healthcare centers so that people could pick them up.

In addition, the project coordinator, Marialva Oliveira da Costa, and the Veterinarian Alexandre Mendonça made a pool of volunteers to prepare and distribute bottles of homeopathic remedies, which were delivered through the communities.

Thanks to this initiative, 13,855 families were taken care of. On the whole, 77,000 people in the States of Mato Grosso, Pará, Amazonas and Roraima.

The Twelve Healers Trust has always been a great partner in this initiative and it has been with us at all times, making it easier for people to have access to Bach flower essences and disseminating knowledge through books, movies and courses.