

Flower Remedies for Emotional Relief & Education

Implementing a Flower Essence Therapy Service at *Les Amis de Kirikou* – Rixensart Belgium

Brief description

The following is a request for financial and material support to implement a Flower Essence Therapy service at *Les amis de Kirikou* (Friends of Kirikou), a Belgium social institution aiming to attend young refugee girls, mothers to be or not, and their babies. Its main goal is to train the staff to reproduce the project held at Núcleo Mãe Maria, in 2006, in Brazil, about teaching the Bach Remedies to children. The trainer will develop a special flower essence combination to address the main issues of the girls and babies assisted and will instruct the staff on how to use and to prepare the flower remedies properly. The training is due to start on July 18th at Les amis de Kirikou installations at the Fedasil asylum seeker's shelter building in Rixensart, Belgium.



Fedasil center in Rixensart

Historical Background

The idea to honor Dr. Bach, by the time of his 120th birthday, through an initiative of teaching about the Bach Flower Remedies to children would lead to another dimension of his work. It has revealed itself as a path towards the future

of Flower Essence Therapy and the achievement of Dr. Bach's ideals as regards, as the medicine of the future. The synergic results of the combination of the Bach plants' observation, to the use of the remedies and art-education have led the mentor the project, Rosana Souto, to share it at the XVIII International Flower Essence Therapists Congress in Cuba, in November 2010, and later through an article published by the British Flower & Vibrational Essences.

The latter was released by the occasion of the Word Rainbow Vibrational Essence Conference, in March, 2011, and caused great impact on Géraldine Langlois a renowned humanitarian Belgium photographer. Since then, she has been in contact to Rosana Souto aiming to find ways to reproduce the project somewhere. Last May, attending her invitation to visit Brussels, Rosana was introduced to one of her friends, Hippolyte Kisondé, who directs the minors sector of the Fedasil refugee center, in Rixensart, and also coordinates the association, *Les amis de Kirikou*. Hippolyte Kisondé was strongly impressed by the results of Rosana's work at Nucleo Mãe Maria and decided to suggest the president of this association, Stéphane Crusnière, the inclusion of the flower remedies at the association.

On June, 14th, Rosana visited the home of Les Amis de Kirikou at the Fedasil center in Rixensart. Some days later, she has sent a proposal to introduce the flower essence service and to reproduce the children's project with the young girls in a way to fit the coordinator's expectations not to overcharging the staff. Last week, Géraldine Langlois received an e-mail from the president, Stéphane Crusnière, approving the project. Later, the coordinator, Hippolyte Kisondé would send a letter for the Twelve Healers Trust.



Hippolyte Kisondé, Géraldine Langlois & Rosana Souto

An outstanding opportunity for acceptance and recognition of the work of Dr. Bach in Europe

In a time when the natural remedies face major challenges in the UK and Europe, this initiative seems to be an outstanding opportunity for the acceptance and recognition of Dr. Bach' work and the flower remedies by the European Community. Although the association, Les amis de Kirikou isn't a governmental institution, its president, Stéphane Crusnière, is also the Chief of Cabinet of the Belgium Prime Minister. This initiative will serve as a pilot to evaluate the possibility of its expansion for the largest refugee centers of Europe. Besides bearing the wounds of the many reasons they have escaped from their own countries, refugees face other challenges to be *included* in the countries they request asylum. This way, this initiative may be already considered as a global humanitarian project.

The association *Les amis de Kirikou* (Friends of Kirikou)



Entrance and main room of the nursery

The friends of Kirikou (*Les amis de Kirikou*) is a small association(Nr of Affiliation Nr: 0810271583 and Host community inscription Nr. 982509102) created in 2008, to provide assistance to the young refugee girls mothers or mothers to be (unaccompanied minors – Mena) and their babies. Until that year, they used to be sent to the largest refugee centers of Fédasil sharing the same shelter of young refugee men and soldiers. It is not a governmental institution. It's a citizen one, however its border of directors comprises people that are active in the government. The institution has received a private area inside the building of the Fedasil refugee center in Rixensart to be able to provide the proper assistance to the girls. It counts with a team of professionals including nurses, teachers and psychologists to assist the girls in their needs and to enable them to keep on with their education after giving birth. The association has also a partnership with a local hospital, doctors and midwives to

assist the girls and their babies. Please, see the attachments for more information.

The Menas and their babies

At present, the center is the house of 26 *Menas* and 9 babies. The girls stay at center as long as the asylum process lasts and/or they finish their education.



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Main goals of the project

I - Emotional relief

To offer a complementary tool to relief emotional negative states, including traumas of all nature, present on girls and/or young mothers assisted by the association, as well as, on their babies by the use of flower remedies.

II – Emotional, social & environmental education –

To provide the girls tools for self-development and emotional self-healing by introducing them to language of nature through activities related to the Bach Flower Remedies research.